

TRACEY L. FISHER

Biography

I am Tracey L. Fisher, a Social Motivational Speaker, and I have an impactful story to share with our youth. I am personally committed to my mission, which is to provide our youth/individuals with decision-making tools that will assist them to successfully navigate their life journey.

My personal accomplishments include having the vision and commitment to develop a Mentoring Program for our youth and adults. I am currently enrolled in Harcum College for their Leadership and Human Services Program. I have had numerous speaking engagements at schools, churches, community centers and with a host of organizations. In the process of these endeavors, I have created and developed "Gateway to Re-Entry" (assisting returning citizens), "Gateway to No-Entry" (preventing incarceration) and "Dream Your Dream Tour" (inspiring our youth to dream). My goal is to specifically demonstrate how our youth can develop good decision-making skills.

My mission includes embracing fully all of my life experiences for the greater good by understanding what may appear to be a problem is only an obstacle waiting for the right solution. My goals are to offer solutions to the obstacles within our life experiences and to identify the benefits of obtaining a well-rounded education.

Failure is not an option because it only represents a life lesson for our growth and development. My purpose/mission is to inspire a mind full of disappointments through motivational and positive influences. My mission creates an atmosphere of positive thinking which in turn will continue to inspire our youth to "dream their dreams" and ultimately those dreams will become a reality. In the final analysis, perception is reality...what you perceive yourself to be or moving towards will eventually manifest.

Tracey L. Fisher

Author "Mental Mentoring"

"There is no such thing as a peaceful life... just peaceful moments!"

TEN STEPS TO RE-ENTRY

STEP 1

Living Environment: it is important for everyone in the household to be on the same page by offering support and living legitimately. It is extremely crucial to maintain a drug and crime free-living environment for anyone to stay out of prison. To remain out of prison one must be willing to do what is right, make sacrifices and be around individuals who are also on the right track. Respecting the person offering their home is not an introduction to become a part of the issues in the household. In some ways, they are agreeing to reduce their freedom in their own home. Parole agents are free to visit at will.

STEP 2

Employment: seeking employment should be like an investor, one must have an attitude of staying with the job until something better comes along that is also legitimate and pays more and have better benefits. This job is what you call a life jacket; it enables you to take care of your family, and it is a stepping-stone in realizing your own dreams.

STEP 3

Parenthood: it is critical to become an intimate part of your children's lives in a positive and healthy way. One must speak the truth to them at all times. Explain sincerely that you have not been the kind of parent you know you could have been and then look at your children squarely in the eyes and apologize for the poor decisions you made. Keep your word with your children do not make promises you are not able to keep. Stay in contact with them through letters and cards; it is the small things that really make the biggest impression.

STEP 4

Your Associations: the individuals you associate with in the larger society should have similar goals and interest as yourself. They should be committed to living a drug and crime free lifestyle. The more you associate with positive individuals, the more positive you will become in your thinking and actions. Creating a supportive environment will do a lot in keeping you out of prison.

STEP 5

Accepting Change: once you begin to change the things you do in your life, it is important to not be ashamed to share your experiences with your prior acquaintances. Let them know you are not the same person prior to your incarceration, and that you are on the road to becoming a better person. Those individuals who do not mean you any good truly will have no problem in involving you in illegal activity that will send you back to prison. They are selfish and do not really care about you, your goals or your family.

STEP 6

Setting Goals: when making changes in your life it becomes necessary to set small goals for yourself. Keep a journal and track your progress and reward yourself for each milestone. Be confident because you are leading by example. Every successful step brings you closer to achieving your overall goals. The ultimate goal is to stay out of prison.

STEP 7

Selecting a Mate/Spouse: this is critical because the right type of support is necessary for staying legitimate across the board by keeping drugs out of your environment and staying gainfully employed. Your choice of a mate is a very critical component in the equation of whether you succeed or fail to a great extent.

STEP 8

Believe: don't worry about whether people believe in you as long as you believe in yourself. If you don't believe in your own dreams how do you think you can get others to believe in you and your dreams.

STEP 9

Recidivism: when you continue to operate in the same fashion as to what got you incarcerated initially the risk of returning to prison remains high. You must have more patience and slow down your thinking process so you can begin to evaluate more closely what is coming at you and what is really going on around you. Having patience can save your life, and not having it, can put you in a negative situation.

STEP 10

Remembering: always remember that the prison you just left still has a bed waiting for you should you ever need a place to stay. Regardless of how many people are in the prison, there is still space available for you. In case you don't know, prison is a big business and common sense along with previous experience should have brought you to the realization that it is the kind of business that you may prefer not being an inmate.

Visit our website today for more details

www.tlfaa.org

or call us at

610.284.6246

OUR GOALS ARE TO...

- Reduce the factors affecting the rate of recidivism through purposeful mentoring.
- Create guidelines for returning citizens to change their thinking process, while developing good decision-making skills.

RESOURCES:

TIIAI/GATEWAY TO RE-ENTRY MENTORING PROGRAM

Tracey L. Fisher - MoNique Holland, M.Ed.,
Carol Simmons, Ed.D.

Every Wednesday & Saturday 12pm (Noon)

The Community Hub - Myers Recreation Center
5803 Kingsessing Ave • Philadelphia, PA 19143
Phone: **267.403.2958**

SOUTHWEST DISTRICT SERVICES MEMBER

Meetings - Every Tues. 6:30pm

SWDS - Kingsessing Recreation Center
49th & Kingsessing Ave • Philadelphia, PA 19143

MOTIVATIONAL MENTORING CONFERENCE CALL

Every 2nd & 4th Monday - 7:00pm

Dial In: 712.775.7035

Code: 795413

R.E.A.L. R.A.P. WORKSHOPS

Dallas Correctional Facility

GATEWAY —TO— RE-ENTRY

The International Institute
for Advanced Instruction

TEN STEPS TO RE-ENTRY

MENTORING WORKSHOPS

TIIAI TUTORING & HEALTH

SPEAKING ENGAGEMENTS

Tracey L. Fisher

Carol Simmons, Ed.D.
MoNique Holland, M.Ed.

P.O. Box 1091
Lansdowne, PA 19050

Direct: 267.622.5169

Phone: 484.704.2276

Office: 610.284.6246

Email: info@tiiai.org



www.tiiai.org

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P.O. Box 1091
Lansdowne, PA 19050

Office: (610) 284-6246

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